



WELLINGTON 2013 SHORT COURSE CHAMPIONSHIPS

2nd-3rd August & 9th-10th August 2014

Wellington Regional Aquatic Centre

ALL EVENTS ARE TIMED FINALS

Morning session Warm up 7.30am-8am, start 8.15am: Evening Session Warm up 4-4.30pm Start 4.45pm

SESSION 1 – Sat 2 Aug AM				SESSION 2- Sat 2 Aug PM				SESSION 3 – Sun 3 Aug AM				SESSION 4 – Sun 3 Aug PM			
E	S	AGE	STR	E	S	AGE	STR	E	S	AGE	STR	E	S	AGE	STR
1	F	9/U	50 Fly	32	F	11/U	400 Fr	63	M	9/U	50 Fly	94	M	11/U	400 IM
2	F	10	50 Fly	33	M	11/U	400 Fr	64	M	10	50 Fly	95	F	11/U	400 IM
3	F	11	50 Fly	34	F	12/13	400 Fr	65	M	11	50 Fly	96	M	12/13	400 IM
4	F	12	50 Fly	35	M	12/13	400 Fr	66	M	12	50 Fly	97	F	12/13	400 IM
5	F	13	50 Fly	36	F	14/15	400 Fr	67	M	13	50 Fly	98	M	14/15	400 IM
6	F	14	50 Fly	37	M	14/15	400 Fr	68	M	14	50 Fly	99	F	14/15	400 IM
7	F	15	50 Fly	38	F	16/O	400 Fr	69	M	15	50 Fly	100	M	16/O	400 IM
8	F	16/O	50 Fly	39	M	16/O	400 Fr	70	M	16/O	50 Fly	101	F	16/O	400 IM
9	M	9/U	100 IM	40	F	9/U	100 Fly	71	F	9/U	100 IM	102	M	9/U	100 Fly
10	M	10	100 IM	41	F	10	100 Fly	72	F	10	100 IM	103	M	10	100 Fly
11	M	11	100 IM	42	F	11	100 Fly	73	F	11	100 IM	104	M	11	100 Fly
12	M	12	100 IM	43	F	12	100 Fly	74	F	12	100 IM	105	M	12	100 Fly
13	M	13	100 IM	44	F	13	100 Fly	75	F	13	100 IM	106	M	13	100 Fly
14	M	14	100 IM	45	F	14	100 Fly	76	F	14	100 IM	107	M	14	100 Fly
15	M	15	100 IM	46	F	15	100 Fly	77	F	15	100 IM	108	M	15	100 Fly
16	M	16/O	100 IM	47	F	16/O	100 Fly	78	F	16/O	100 IM	109	M	16/O	100 Fly
17	F	10/U	200 Free	48	M	9/U	50 Bk	79	M	10/U	200 Fr	110	F	9/U	50 Bk
18	F	11	200 Free	49	M	10	50 Bk	80	M	11	200 Fr	111	F	10	50 Bk
19	F	12	200 Free	50	M	11	50 Bk	81	M	12	200 Fr	112	F	11	50 Bk
20	F	13	200 Free	51	M	12	50 Bk	82	M	13	200 Fr	113	F	12	50 Bk
21	F	14	200 Free	52	M	13	50 Bk	83	M	14	200 Fr	114	F	13	50 Bk
22	F	15	200 Free	53	M	14	50 Bk	84	M	15	200 Fr	115	F	14	50 Bk
23	F	16/O	200 Free	54	M	15	50 Bk	85	M	16/O	200 Fr	116	F	15	50 Bk
24	M	9/U	100 Brst	55	M	16/O	50 Bk	86	F	9/U	100 Br	117	F	16/O	50 Bk
25	M	10	100 Brst	56	F	10/U	200 Br	87	F	10	100 Br	118	M	10/U	200 Br
26	M	11	100 Brst	57	F	11	200 Br	88	F	11	100 Br	119	M	11	200 Br
27	M	12	100 Brst	58	F	12	200 Br	89	F	12	100 Br	120	M	12	200 Br
28	M	13	100 Brst	59	F	13	200 Br	90	F	13	100 Br	121	M	13	200 Br
29	M	14	100 Brst	60	F	14	200 Br	91	F	14	100 Br	122	M	14	200 Br
30	M	15	100 Brst	61	F	15	200 Br	92	F	15	100 Br	123	M	15	200 Br
31	M	16/O	100 Brst	62	F	16/O	200 Br	93	F	16/O	100 Br	124	M	16/O	200 Br
SESSION 5 – Sat 9 Aug AM				SESSION 6 – Sat 9 Aug PM				SESSION 7 –Sun 10 Aug AM				SESSION 8 - Sun 10 Aug PM			
125	F	9/U	100 Fr	155	F	Top30	1500Fr	180	M	9/U	100 Fr	210	M	Top30	800 Fr
126	F	10	100 Fr	156	M	Top30	1500Fr	181	M	10	100 Fr	211	F	Top30	800 Fr
127	F	11	100 Fr	157	F	9/U	100 Bk	182	M	11	100 Fr	212	M	9/U	100 Bk
128	F	12	100 Fr	158	F	10	100 Bk	183	M	12	100 Fr	213	M	10	100 Bk
129	F	13	100 Fr	159	F	11	100 Bk	184	M	13	100 Fr	214	M	11	100 Bk
130	F	14	100 Fr	160	F	12	100 Bk	185	M	14	100 Fr	215	M	12	100 Bk
131	F	15	100 Fr	161	F	13	100 Bk	186	M	15	100 Fr	216	M	13	100 Bk
132	F	16/O	100 Fr	162	F	14	100 Bk	187	M	16/O	100 Fr	217	M	14	100 Bk
133	M	10/U	200 IM	163	F	15	100 Bk	188	F	10/U	200 IM	218	M	15	100 Bk
134	M	11	200IM	164	F	16/O	100 Bk	189	F	11	200IM	219	M	16/O	100 Bk
135	M	12	200 IM	165	M	10/U	200 Bk	190	F	12	200 IM	220	F	10/U	200 Bk
136	M	13	200 IM	166	M	11	200 Bk	191	F	13	200 IM	221	F	11	200 Bk
137	M	14	200IM	167	M	12	200 Bk	192	F	14	200IM	222	F	12	200 Bk
138	M	15	200 IM	168	M	13	200 Bk	193	F	15	200 IM	223	F	13	200 Bk
139	M	16/O	200 IM	169	M	14	200 Bk	194	F	16/O	200 IM	224	F	14	200 Bk
140	F	9/U	50 Br	170	M	15	200 Bk	195	M	9/U	50 Br	225	F	15	200 Bk
141	F	10	50 Br	171	M	16/O	200 Bk	196	M	10	50 Br	226	F	16/O	200 Bk
142	F	11	50 Br	172	F	9/U	50 Fr	197	M	11	50 Br	227	M	9/U	50 Fr
143	F	12	50 Br	173	F	10	50 Fr	198	M	12	50 Br	228	M	10	50 Fr
144	F	13	50 Br	174	F	11	50 Fr	199	M	13	50 Br	229	M	11	50 Fr
145	F	14	50 Br	175	F	12	50 Fr	200	M	14	50 Br	230	M	12	50 Fr
146	F	15	50 Br	176	F	13	50 Fr	201	M	15	50 Br	231	M	13	50 Fr
147	F	16/O	50 Br	177	F	14	50 Fr	202	M	16/O	50 Br	232	M	14	50 Fr
148	M	10/U	200 FI	178	F	15	50 Fr	203	F	10/U	200 FI	233	M	15	50 Fr
149	M	11	200 FI	179	F	16/O	50 Fr	204	F	11	200 FI	234	M	16/O	50 Fr
150	M	12	200 FI	There will be continuous warm up and warm down available – 2 lanes only				205	F	12	200 FI	Swimmers can record an 800m time from their 1500m swim. These extracted times will not be scored nor placed.			
151	M	13	200 FI					206	F	13	200 FI				
152	M	14	200 FI					207	F	14	200 FI				
153	M	15	200 FI					208	F	15	200 FI				
154	M	16/O	200 FI					209	F	16/O	200 FI				

2014 Swimming Wellington Winter Champs Short Course Qualification times

Male								Short Course	Female							
9/U	10	11	12	13	14	15	16/O	Event	9/U	10	11	12	13	14	15	16/O
Freestyle																
0.45	0.43	0.42	0.40	0.35	0.34	0.34	0.33	50	0.45	0.43	0.42	0.40	0.37	0.36	0.35	0.35
1.43	1.35	1.29	1.25	1.15	1.13	1.12	1.11	100	1.43	1.35	1.29	1.25	1.18	1.17	1.17	1.16
3.17	3.17	3.02	2.53	2.38	2.34	2.32	2.28	200	3.17	3.17	3.02	2.53	2.44	2.42	2.41	2.39
6.10	6.10	6.10	6.00	5.35	5.25	5.24	5.24	400	6.10	6.10	6.10	6.00	5.50	5.44	5.42	5.38
11.20	11.20	11.20	11.20	11.20	10.45	10.45	10.45	800	11.30	11.30	11.30	11.30	11.30	11.25	11.25	11.23
21.12	21.12	21.12	21.12	21.12	20.40	20.40	20.23	1500	22.00	22.00	22.00	22.00	22.00	21.40	21.40	21.40
Backstroke																
0.51	0.50	0.48	0.45	0.40	0.39	0.38	0.37	50	0.51	.50	0.48	0.45	0.42	0.41	0.41	0.40
1.51	1.47	1.41	1.36	1.24	1.23	1.23	1.21	100	1.51	1.47	1.41	1.36	1.29	1.28	1.28	1.27
3.35	3.35	3.22	3.10	3.00	2.55	2.50	2.49	200	3.35	3.35	3.24	3.14	3.06	3.01	3.00	2.58
Breaststroke																
0.59	0.56	0.52	0.49	0.45	0.44	0.43	0.42	50	0.59	0.56	0.52	0.49	0.46	0.45	0.45	0.44
2.14	2.00	1.52	1.47	1.36	1.33	1.32	1.31	100	2.14	2.00	1.52	1.47	1.39	1.38	1.38	1.37
4.09	4.09	3.48	3.38	3.21	3.14	3.12	3.10	200	4.09	4.09	3.48	3.38	3.29	3.28	3.27	3.20
Butterfly																
0.54	0.50	0.47	0.44	0.40	0.39	0.39	0.38	50	0.55	0.51	0.47	0.44	0.41	0.40	0.40	0.40
2.00	1.52	1.43	1.40	1.28	1.25	1.24	1.24	100	2.00	1.53	1.44	1.41	1.35	1.30	1.29	1.28
3.35	3.35	3.35	3.30	3.08	3.06	3.04	3.03	200	3.40	3.40	3.40	3.35	3.25	3.20	3.20	3.18
Individual Medley																
1.56	1.49	1.42	1.38	1.27	1.26	1.26	1.26	100	1.56	1.48	1.42	1.38	1.30	1.29	1.29	1.29
3.26	3.26	3.26	3.14	3.01	2.56	2.55	2.54	200	3.26	3.26	3.26	3.14	3.07	2.55	2.54	2.53
7.00	7.00	7.00	6.58	6.31	6.25	6.24	6.18	400	7.00	7.00	7.00	6.58	6.53	6.50	6.47	6.43

Duty Club to provide

- 2 experienced marshals
- 1 door person
- 3 refreshment people
- 1 medal bearer
- 1 adult ribbon assistant
- 1 office runner

**A Duty Roster will be sent to Club Officials Coordinators shortly; please ensure your Club covers it duty thanks
The Duty Roster must be completed by Thursday 31 July @ 5pm, thanks.**

Meet Director: To be advised

MEET CONDITIONS

1. The meet is open to all registered swimmers who have obtained the listed qualifying times between **24 August 2013** and the closing date of **28 July 2014**. Converted times are permissible. **NO TIMES [NT] ARE NOT ACCEPTED**
2. Age is as at **2 August 2014**.
3. The meet will be swum under SNZ rules except that there will be over the top starts for all events.
4. Individual Timed Final Events will be swum and scored in the following age groups for both male & female:
50m All strokes: 9/u, 10, 11, 12, 13, 14, 15, 16/17,18+
100m All strokes: 9/u, 10, 11, 12, 13, 14, 15, 16/17,18+ 200m All strokes: 10/u, 11, 12, 13, 14, 15, 16/17,18+
400m Freestyle & IM: 11/u, 12/13, 14/15, 16/17,18+
800m Freestyle: Open Male/Female **Top 30**
1500m Freestyle: Open Male/Female **Top 30**
5. Medals will be presented throughout the sessions, to those placed 1st to 3rd in each event. Ribbons will be available for collection for those placed 4th – 10th Swimmer of age group awards will be for each of MALE and FEMALE 9/U, 10,11, 12,13, 14,15, 16/O will be presented at the end of the meet. There will be no restriction on the number of visiting swimmers.
6. 3 trophies will be awarded to Wellington Regional Clubs only
 - (1) To the club team of more than four swimmers that achieves the best average individual event points over the meet, i.e.: points divided by the number of swimmers
 - (2) For the Club with the highest points score, and
 - (3) For the highest scoring club in the 12&U age group. The points will be earned as 20, 14, 10, 7, 6, 5, 4, 3, 2, 1 for first to tenth inclusive.
7. All participating clubs will be expected to provide officials for the meet. These officials are in addition to the duty club requirements.
8. National meet dress standards will be observed for all medal presentations. Same gender substitutes will be allowed.
9. **Entries close on Monday 28th July 2014 @ MIDNIGHT**. They are to be submitted as a HY3 or cfile and must be accompanied with a "by swimmer" printout with proof of time, and entry fee summary to; Laura Bertelsen: events@swimwnz.co.nz with a copy Henrietta Latham: Operations@swimwn.co.nz

LATE ENTRIES WITH A VALID TIME WILL BE ACCEPTED WHERE SPACE ALLOWS, UNTIL THURSDAY 31 JULY 2014 @ 5PM, AT \$20 PER EVENT. LATE ENTRIES ON POOL DECK WILL NOT BE ACCEPTED.

10. **Entry fees are \$9.00 per event.**
 - ✓ Swimming Wellington will issue a tax invoice
 - ✓ **Payment in full to be made by Thursday 31 July 2014. The conditions of entry to SW Meets are that all entry fees are to be paid in full in advance. Late payment will incur a late payment fine of \$50.**
 - ✓ Electronic payments or bank deposit is the preferred option, should be made to; **WPT 030502-0166158-00** or a cheque can be sent to Swimming Wellington, P O Box 38245, Wellington Mail Centre 5012, for receipt no later than Thursday 31 July 2014. Please advise your club's payment method.
 11. For all **timed final and final events**, scratching must be received within 15 minutes of the previous session ending. Failure to follow this withdrawal procedure will result in a \$30 late withdrawal fee payable on the day, in accordance with the SNZ Regulations 3 [3.2].
 12. **There will be no refunds for withdrawals after publication of the psych sheets.**
Swimmers, who withdraw from the entire meet prior to the start of the meet, 2 August 2014, will receive a full refund of their entry fees by providing a valid medical certificate. Please ensure your swimmers and their families are informed.
 13. **Entry to the pool will be through the front entrance for all. Swimmers, Team Managers, and Coaches will use their Swim Wellington passes.** Visitors will receive a temporary entry pass. **Officials please to sign in for each session.**
 14. Entry fee \$3 for spectators. Programmes \$3 per session.
- Programme allocation for Team Managers will be;**
1–5 [1] 6–10 [2] 11–20 [4] 21–35+ [6] **Clubs please provide names of Team Managers and Coaches with entries**
15. Warm up is restricted to those competing in the meet.
 16. The organisers reserve the right to amend the programme, and to refuse entries.
 17. SW will not be liable for any loss or damage during the period of the meet.
 18. All participants must agree to comply with the Sports Anti-Doping Rules.
 19. Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet. **There are no qualifying times for para swimmers (but a valid entry time must be submitted with all entries).**

Meet Organisers:

Entries- Laura Bertelsen events@swimwn.co.nz
Henrietta Latham Operations@swimwn.co.nz