



# State New Zealand Open Championships

17-22 March 2013  
Auckland

21 Dec 2012

**This meet will be swum under SNZ Regulations with the specific conditions & criteria:**

- Age as at 17<sup>th</sup> March 2013.
- The qualifying period is from 1<sup>st</sup> January 2012 to 3<sup>rd</sup> March 2013.
- Relays will be swum as open timed finals with all timed-finals being swum in the finals session.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 meter times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- For 50m, 100m, 200m, 400m, 800m and 1500m events, there will be A and B Finals. B Finals will be swum when there are 20 or more swimmers that competed in the heats. The Open Championship placings will be determined from the A final.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming New Zealand, their sponsors or others.

## ENTRIES

**REGIONAL ASSOCIATIONS** must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

**CLUBS** need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on TUESDAY 5<sup>th</sup> MARCH 2013**. Late entries will not be accepted.

**NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5045. **SNZ will produce an invoice for the entry fee due and send to each individual region.**

## PSYCH SHEETS

**PSYCH SHEETS** will be posted on the Swimming New Zealand website on **WEDNESDAY 6<sup>th</sup> MARCH 2013**.

Corrections and changes to psych sheets are to be sent to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) by **12 MIDNIGHT THURSDAY 7<sup>th</sup> MARCH 2013**.

**FINAL PSYCH SHEETS** will be posted on the Swimming New Zealand website on **FRIDAY 8<sup>th</sup> March 2013**.

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## 50m Qualifying Times

Male		Female
<b>FREESTYLE</b>		
25.48	<b>50</b>	28.71
55.50	<b>100</b>	1:01.80
2:00.00	<b>200</b>	2:13.00
4:19.00	<b>400</b>	4:40.00
9:04.65	<b>800</b>	9:40.00
17:20.00	<b>1500</b>	18:34.40
<b>BACKSTROKE</b>		
29.00	<b>50</b>	32.90
1:02.83	<b>100</b>	1:10.00
2:16.71	<b>200</b>	2:30.55
<b>BREASTSTROKE</b>		
32.51	<b>50</b>	36.36
1:10.68	<b>100</b>	1:18.71
2:32.75	<b>200</b>	2:49.28
<b>BUTTERFLY</b>		
27.66	<b>50</b>	30.66
1:00.51	<b>100</b>	1:07.84
2:14.95	<b>200</b>	2:29.00
<b>INDIVIDUAL MEDLEY</b>		
2:16.50	<b>200</b>	2:33.00
4:55.00	<b>400</b>	5:23.75

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## AWD Qualifying Times

### Male

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY
S14	38.81	1:24.07	2:59.15	-	-	1:35.95	-	1:32.75
S13	35.97	1:19.01	-	6:11.24	-	1:31.09	-	1:24.21
S12	36.40	1:21.28	-	6:24.09	-	1:31.94	-	1:29.46
S11	39.39	1:29.03	-	7:00.85	-	1:41.91	-	1:35.50
S10	35.69	1:18.83	-	6:10.73	-	1:30.72	-	1:26.28
S9	38.73	1:24.68	-	6:26.22	-	1:35.20	-	1:30.64
S8	39.30	1:27.13	-	6:44.10	-	1:40.86	-	1:32.60
S7	50.33	1:31.87	-	7:08.36	-	1:48.35	45.93	-
S6	44.90	1:41.59	-	7:45.45	-	1:53.45	46.95	-
S5	50.33	1:53.08	4:03.70	-	58.05	-	55.57	-
S4	58.96	2:06.93	4:31.30	-	1:09.43	-	1:11.18	-
S3	1:18.38	2:34.12	5:43.29	-	1:09.43	-	2:02.46	-
S2	1:36.63	3:30.69	7:25.95	-	1:36.66	-	-	-

CLASS	50BR	100BR
SB14	-	1:42.22
SB13	-	1:40.17
SB12	-	1:41.26
SB11	-	1:50.54
SB9	-	1:40.68
SB8	-	1:46.09
SB7	-	2:03.42
SB6	-	2:10.10
SB5	-	2:24.67
SB4	-	2:25.24
SB3	1:15.08	-
SB2	1:27.40	-

CLASS	150IM	200IM
SM14	-	3:34.52
SM13	-	3:14.52
SM12	-	3:21.41
SM11	-	3:40.74
SM10	-	3:21.32
SM9	-	3:29.19
SM8	-	3:39.84
SM7	-	3:54.80
SM6	-	4:05.55
SM5	-	5:21.09
SM4	3:59.37	-
SM3	4:30.62	-
SM2	-	-

### Female

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY
S14	42.93	1:32.97	3:18.94	-	-	1:43.40	-	1:46.90
S13	41.69	1:31.29	-	7:43.84	-	1:55.44	-	1:42.88
S12	41.45	1:29.97	-	6:57.89	-	1:43.85	-	1:42.43
S11	47.31	1:44.31	-	7:52.55	-	1:58.97	-	2:14.13
S10	42.83	1:31.75	-	6:54.13	-	1:43.10	-	1:43.19
S9	43.74	1:35.04	-	7:02.55	-	1:47.97	-	1:44.72
S8	47.13	1:41.01	-	7:42.12	-	1:59.80	-	1:49.47
S7	49.74	1:48.41	-	7:56.42	-	2:07.47	53.82	-
S6	53.34	1:53.78	-	8:18.53	-	2:13.01	57.97	-
S5	56.60	2:03.33	4:19.43	-	1:19.98	-	1:09.64	-
S4	1:19.50	2:57.51	6:03.79	-	1:20.67	-	-	-
S3	1:23.23	2:58.90	7:03.94	-	1:40.44	-	-	-
S2	1:51.87	4:06.58	8:58.44	-	1:37.34	-	-	-

CLASS	50BR	100BR
SB14	-	2:00.85
SB13	-	2:01.74
SB12	-	1:59.82
SB11	-	2:16.25
SB9	-	1:58.67
SB8	-	2:03.16
SB7	-	2:24.93
SB6	-	2:30.72
SB5	-	2:43.26
SB4	-	2:53.53
SB3	1:51.47	-
SB2	2:08.97	-

CLASS	150IM	200IM
SM14	-	3:53.11
SM13	-	3:44.61
SM12	-	3:42.17
SM11	-	4:27.03
SM10	-	3:49.97
SM9	-	3:53.48
SM8	-	4:13.15
SM7	-	4:40.10
SM6	-	4:50.23
SM5	-	5:11.58
SM4	5:47.97	-
SM3	6:17.44	-
SM2	-	-

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Warm-up times, Session start times and Order of Events

Day 1 – Sun 17 <sup>th</sup> March	Day 2 – Mon 18 <sup>th</sup> March	Day 3 – Tues 19 <sup>th</sup> March	Day 4 – Wed 20 <sup>th</sup> March	Day 5 – Thurs 21 <sup>st</sup> March	Day 6 – Fri 22 <sup>nd</sup> March
<b>Session 1 - Heats</b>	<b>Session 3 - Heats</b>	<b>Session 5 - Heats</b>	<b>Session 7 - Heats</b>	<b>Session 9 - Heats</b>	<b>Session 11 – Heats</b>
Warm-up 8.00 – 9.50am Start 10am	Warm-up 8.00 – 9.50am Start 10am	Warm-up 8.00 – 9.50am Start 10am	Warm-up 8.00 – 9.50am Start 10am	Warm-up 8.00 – 9.50am Start 10am	Warm-up 8.00 – 9.50am Start 10am
101 AWD 100m Back W 102 AWD 400m Free M 3 100m Fly W 4 400m Free M 5 200m IM W 6 50m Fly M 7 400m Free W 8 100m Breast M 109 AWD 50m Breast W 110 AWD 50m Breast M	113 AWD 50m Back W 114 AWD 50m Back M 15 100m Back W 16 200m Free M 17 100m Breast W 18 100m Back W 19 1500m Free (TF) W 120 AWD 150m IM W 121 AWD 150m IM M	124 AWD 50m Fly M 125 AWD 50m Fly W 26 50m Breast M 27 200m Fly M 28 200m Free W 29 800m Free (TF) M 130 AWD 200m IM M 131 AWD 200m IM W	134 AWD 50m Free M 135 AWD 50m Free W 36 50m Breast W 37 50m Back M 38 50m Back W 39 100m Free M 40 200m Fly W 41 200m IM M 42 50m Free W 43 800m Free W 144 AWD 100m Back M 145 AWD 400m Free W	148 AWD 200m Free W 149 AWD 100m Fly M 50 100m Free W 51 200m Back M 52 200m Breast W 53 200m Breast M 54 1500m Free M 155 AWD 100m Breast W 156 AWD 100m Free M	159 AWD 200m Free M 160 AWD 100m Fly W 61 50m Free M 62 50m Fly W 63 100m Fly M 64 200m Back W 65 400m IM W 66 400m IM M 167 AWD 100m Breast M 168 AWD 100m Free W

Session 2 - Finals	Session 4 - Finals	Session 6 – Finals	Session 8 - Finals	Session 10 - Finals	Session 12 – Finals
Warm-up 4.30-6.00pm Start 6.30pm	Warm-up 4.30-6.20pm Start 6.30pm	Warm-up 4.30-6.20pm Start 6.30pm	Warm-up 4.30-6.20pm Start 6.30pm	Warm-up 4.30-6.20pm Start 6.30pm	Warm-up 4.30-6.20pm Start 6.30pm
3 100m Fly W 4 400m Free M 5 200m IM W 6 50m Fly M 101 AWD 100m Back W 102 AWD 400m Free M 7 400m Free W 8 100m Breast M 109 AWD 50m Breast W 110 AWD 50m Breast M 11 4x200m Free RR W 12 4x200m Free RR M	15 100m Back W 16 200m Free M 17 100m Breast W 113 AWD 50m Back W 114 AWD 50m Back M 18 100m Back M 19 1500m Free (FTF) W 120 AWD 150m IM W 121 AWD 150m IM M 22 4x100m Med RR M 23 4x100m Med RR W	26 50m Breast M 27 200m Fly M 28 200m Free W 124 AWD 50m Fly M 125 AWD 50m Fly W 29 800m Free (FTF) M 130 AWD 200m IM M 131 AWD 200m IM W 32 4x100m Free RR W 33 4x100m Free RR M	36 50m Breast W 37 50m Back M 38 50m Back W 134 AWD 50m Free M 135 AWD 50m Free W 42 50m Free W 39 100m Free M 40 200m Fly W 41 200m IM M 144 AWD 100m Back M 145 AWD 400m Free W 46 4x200 Free CR M 47 4x200 Free CR W	43 800m Free W 50 100m Free W 51 200m Back M 148 AWD 200m Free W 149 AWD 100m Fly M 52 200m Breast W 53 200m Breast M 155 AWD 100m Breast W 156 AWD 100m Free M 57 4x100 Med CR W 58 4x100 Med CR M	54 1500m Free M 61 50m Free M 62 50m Fly W 63 100m Fly M 64 200m Back W 159 AWD 200m Free M 160 AWD 100m Fly W 65 400m IM W 66 400m IM M 167 AWD 100m Breast M 168 AWD 100m Free W 69 4x100 Free CR W 70 4x100 Free CR M