This meet will be swum under SNZ Regulations with the following specific conditions \& criteria:
$>$ Age as at $26^{\text {th }}$ February 2013.
$>$ The qualifying period is from $1^{\text {st }}$ January 2012 to $17^{\text {th }}$ February 2013.
> The age groups to be swum for both male and female are 12-13 years combined, 14 years, 15 years, 16 years and 17-18 years combined.
> There will be no qualifying times for 50 m events. Swimmers who wish to enter a 50 m event, must have achieved a qualifying time in the 100 m or 200 m of the particular event. eg. 50 m Butterfly, the swimmer must have qualified in either the 100 m or 200 m Butterfly. A swimmer that qualifies in the 200 m IM event may enter one 50 m event of their choice. An entry time must be submitted for 50 m events.
>Relay events shall be swum as 15 and under and 16 and over. In any relay event swimmers 15 and under may swim in either their correct age group or 16 and over, but not both. Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.
> Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
> The qualifying times shown are 50 meter times. Qualifying times swum in pools other than 50 m must be converted using the SNZ Conversions.
> All swimmers shall only enter qualified events.
> All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met at least one required individual qualifying standard and is competing in the championship may be entered in relay events.
> A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
> All participants must agree to comply with the Sports Anti-Doping Rules.
> Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming New Zealand, their sponsors or others.

## ENTRIES

REGI ONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. CLUBS entries and fees are to be submitted to their REGIONAL ASSOCI ATION.
CLUBS need to check with their REGI ONAL ASSOCI ATI ON for their entry closing dates. Entries close for REGIONAL ASSOCIATIONS with Swimming New Zealand $\mathbf{1 2}$ MI DNI GHT on MONDAY $18{ }^{\text {th }}$ FEBRUARY 2013. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by REGI ONAL ASSOCI ATI ONS as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are $\$ 15.00$ individual events and $\$ 30.00$ relay events. Entry fees from REGI ONAL ASSOCIATIONS to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5045. SNZ will produce an invoice for the entry fee due and send to each individual region. $\qquad$
$\qquad$

## PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on TUESDAY $\mathbf{1 9}^{\text {th }}$ FEBRUARY 2013.
Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by 12 MI DNI GHT WEDNESDAY $20^{\text {th }}$ FEBRUARY 2013.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on THURSDAY $21{ }^{\text {st }}$ FEBRUARY 2013.

# Mayfair Pools NewZealand Age Group Championships 

50m Qualifying Times

| 12-13 yr | Male $14 \text { yr }$ | 15 yr | 16 yr | 17-18 yr |  | 12-13 yr | 14 yr | Female $15 \text { yr }$ | 16 yr | 17-18 yr |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FREESTYLE |  |  |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |  |  |
| 1:03.70 | 1:00.50 | 59.00 | 58.29 | 56.90 | 100 | 1:05.50 | 1:04.50 | 1:04.00 | 1:03.75 | 1:03.50 |
| 2:18.50 | 2:12.00 | 2:09.50 | 2:08.00 | 2:05.80 | 200 | 2:24.00 | 2:21.00 | 2:19.80 | 2:18.50 | 2:17.00 |
| 4:52.00 | 4:40.00 | 4:37.00 | 4:35.00 | 4:30.00 | 400 | 4:58.00 | 4:54.00 | 4:52.00 | 4:50.00 | 4:48.00 |
|  |  |  |  |  | 800 | 10:15.00 | 10:05.00 | 10:00.00 | 9:55.00 | 9:50.00 |
| 19:15.00 | 18:33.00 | 18:00.00 | 17:55.00 | 17:45.00 | 1500 |  |  |  |  |  |
| BACKSTROKE |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 50 |  |  |  |  |  |
| 1:11.78 | 1:08.87 | 1:07.58 | 1:07.27 | 1:06.79 | 100 | 1:14.50 | 1:13.30 | 1:12.80 | 1:12.30 | 1:12.10 |
| 2:33.00 | 2:29.00 | 2:26.49 | 2:25.67 | 2:24.53 | 200 | 2:39.50 | 2:36.00 | 2:35.70 | 2:35.39 | 2:34.84 |
| BREASTSTROKE |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 50 |  |  |  |  |  |
| 1:20.75 | 1:17.72 | 1:15.82 | 1:15.32 | 1:14.76 | 100 | 1:24.82 | 1:23.73 | 1:23.24 | 1:22.75 | 1:22.24 |
| 2:55.29 | 2:49.38 | 2:47.40 | 2:45.44 | 2:44.44 | 200 | 3:01.42 | 2:58.76 | 2:56.96 | 2:55.36 | 2:54.65 |
| BUTTERFLY |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 50 |  |  |  |  |  |
| 1:10.70 | 1:07.25 | 1:06.07 | 1:05.78 | 1:03.81 | 100 | 1:13.95 | 1:12.86 | 1:12.27 | 1:12.07 | 1:11.96 |
| 2:40.29 | 2:33.41 | 2:29.44 | 2:28.49 | 2:27.50 | 200 | 2:46.37 | 2:42.43 | 2:38.97 | 2:38.00 | 2:37.50 |
| MEDLEY |  |  |  |  |  |  |  |  |  |  |
| 2:37.00 | 2:30.67 | 2:27.00 | 2:25.33 | 2:24.00 | 200 | 2:41.33 | 2:38.67 | 2:38.30 | 2:38.00 | 2:37.50 |
| 5:33.50 | 5:20.00 | 5:15.00 | 5:13.50 | 5:09.96 | 400 | 5:44.61 | 5:38.00 | 5:35.92 | 5:34.70 | 5:33.89 |

# Mayfair Pools NewZealand Age Group Championships 

Warm-up times, Session start times and Order of Events

| Day 1 - Tues 26 ${ }^{\text {th }}$ February |  |  |  | Day 2 - Wed 27 ${ }^{\text {th }}$ February |  |  |  | Day 3 - Thurs $\mathbf{2 8}^{\text {th }}$ February |  |  |  | Day 4 - Fri ${ }^{\text {st }}$ March |  |  |  | Day 5-Sat ${ }^{\text {nd }}$ March |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Session 1 - Heats |  |  |  | Session 3 - Heats |  |  |  | Session 5 - Heats |  |  |  | Session 7 - Heats |  |  |  | Session 9 - Heats |  |  |  |
|  | Warm-up 7.1 | am | Start 9am | Warm-up 7.15-8.50am Start 9am |  |  |  | Warm-up 7.15-8.50am Start 9am |  |  |  | Warm-up 7.15-8.50am Start 9am |  |  |  | Warm-up 7.15-8.50am Start 9am |  |  |  |
| 1 | 400m Free | W | 12-18 years | 11 | 400 m IM | w | 12-18 years | 21 | 200m Free | W | 12-18 years | 31 | 200m Free | M | 12-18 years | 42 | 200m Fly | w | 12-18 years |
| 2 | 200 m IM | M | 12-18 years | 12 | 400m Free | M | 12-18 years | 22 | 400 m IM | M | 12-18 years | 32 | 100 m Breast |  | 12-18 years | 43 | 100 m Breast | M | 12-18 years |
| 3 | 50m Breast | w | 12-18 years | 13 | 50m Fly | w | 12-18 years | 23 | 100m Back | w | 12-18 years | 33 | 100m Back |  | 12-18 years | 44 | 50m Free | w | 12-18 years |
| 4 | 50 m Back | M | 12-18 years | 14 | 50 m Breast | M | 12-18 years | 24 | 50 m Fly | M | 12-18 years | 34 | 50m Back |  | 12-18 years | 45 | 50m Free | M | 12-18 years |
| 5 | 200m Back | w | 12-18 years | 15 | 100m Free | w | 12-18 years | 25 | 200m Breast | w | 12-18 years | 35 | 200m Breast |  | 12-18 years | 46 | 200 m IM | w | 12-18 years |
| 6 | 200 mFly | M | 12-18 years | 16 | 200m Back | M | 12-18 years | 26 | 100 m Free | M | 12-18 years | 36 37 | 100 m Fly 800 m Free (TF) |  | 12-18 years <br> 12-18 years | 47 | 100 m Fly <br> 1500 m Free (TF) | M | 12-18 years <br> 12-18 years |


| Session 2 - Finals |  |  |  | Session 4 - Finals |  |  |  | Session 6 - Finals |  |  |  | Session 8 - Finals |  |  |  | Session 10 - Finals |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Warm-up 4.15-5.30pm Start 6pm |  |  |  | Warm-up 4.15-5.50pm Start 6pm |  |  |  | Warm-up 4.15-5.50pm Start 6pm |  |  |  | Warm-up 4.15-5.50pm Start 6pm |  |  |  | Warm-up 4.15-5.50pm Start 6pm |  |  |  |
| 1 | 400m Free | w | 12-13 years | 11 | 400 m IM | W | 12-13 years | 21 | 200m Free | w | 12-13 years | 37 | 800m Free |  | Fastest TF | 48 | 1500 m Free | M | $\begin{aligned} & \hline \text { Fastest TF } \\ & \hline 12-13 \text { years } \\ & 14 \text { years } \end{aligned}$ |
|  |  | w | 14 years |  |  | w | 14 years |  |  | w | 14 years | 31 | 200m Free |  | 12-13 years | 42 | 200m Fly |  |  |
|  |  | w | 15 years |  |  | w | 15 years |  |  | w | 15 years |  |  |  | 14 years |  |  | w |  |
|  |  | w | 16 years |  |  | w | 16 years |  |  | w | 16 years |  |  |  | 15 years |  |  | W 15 years |  |
|  |  | w | 17-18 years |  |  | w | 17-18 years |  |  | w | 17-18 years |  |  |  | 16 years |  |  | $\begin{array}{ll} \text { W } & 16 \text { years } \\ \text { W } & 17-18 \text { years } \end{array}$ |  |
| 2 | 200m IM | M | 12-13 years | 12 | 400m Free | M | 12-13 years | 22 | 400 m IM | M | 12-13 years |  |  | M | 17-18 years |  |  |  |  |  |
|  |  | M | 14 years |  |  | M | 14 years |  |  | M | 14 years | 32 | 100m Breast |  | 12-13 years | 43 | 100m Breast | M | M 12-13 years |
|  |  | M | 15 years |  |  | M | 15 years |  |  | M | 15 years |  |  |  | 14 years |  |  | M 14 years |  |
|  |  | M | 16 years |  |  | M | 16 years |  |  | M | 16 years |  |  |  | 15 years |  |  | M 15 years |  |
|  |  | M | 17-18 years |  |  | M | 17-18 years |  |  | M | 17-18 years |  |  |  | 16 years |  |  | $\begin{array}{ll}\text { M } & 16 \text { years } \\ \text { M } & 17-18 \text { years }\end{array}$ |  |
| 3 | 50m Breast | w | 12-13 years | 13 | 50m Fly | W | 12-13 years | 23 | 100m Back | W | 12-13 years | 33 | 100m Back |  | 17-18 years | 44 | 50m Free |  |  |  |
|  |  | w | 14 years |  |  | w | 14 years |  |  | w | 14 years |  |  |  | 12-13 years |  |  | W | W 12-13 years |
|  |  | w | 15 years |  |  | w | 15 years |  |  | w | 15 years |  |  |  | 14 years |  |  | W 14 years |  |
|  |  | w | 16 years |  |  | W | 16 years |  |  | w | 16 years |  |  | M | 15 years |  |  | W 15 years <br> W 16 years |  |
|  | 50m Back | W | 17-18 years | 14 | 50m Breast | W | 17-18 years | 24 | 50m Fly | M | 12-13 years <br> 14 years |  |  |  | 16 years 17-18 years |  |  |  |  |  |
|  |  | M | 14 years |  |  | M | 14 years |  |  | M |  | 34 | 50m Back | W 12-13 years <br> W 14 years <br> W 15 years <br> W 16 years <br> W 17-18 years |  | 45 | 50m Free | W $17-18$ years <br> M $12-13$ years <br> M 14 years <br> M 15 years <br> M 16 years <br> M $17-18$ years |  |
|  |  | M | 15 years |  |  | M | 15 years |  |  | M | 15 years |  |  |  |  | 4 |  |  |  |  |
|  |  | M | 16 years |  |  | M | 16 years |  |  | M | 16 years |  |  |  |  |  |  |  |  |  |
|  |  | M | 17-18 years |  |  | M | 17-18 years |  |  | M | 17-18 years |  |  |  |  |  |  |  |  |  |
| 5 | 200m Back | W | 12-13 years | 15 | 100m Free | w | 12-13 years | 25 | 200m Breast | W | 12-13 years |  |  |  |  |  |  |  |  |  |
|  |  | w | 14 years |  |  | w | 14 years |  |  | w | 14 years | 35 | 200 m Breast |  | 12-13 years |  |  | 200 m IM | w | 12-13 years |
|  |  | w | 15 years |  |  | w | 15 years |  |  | w | 15 years |  |  |  | 14 years | W 14 years <br> W 15 years <br> W 16 years <br> W $17-18$ years |  |  |  |
|  |  | w | 16 years |  |  | w | 16 years |  |  | w | 16 years |  |  |  | 15 years |  |  |  |  |  |
|  |  | w | 17-18 years |  |  | W | 17-18 years |  |  | W | 17-18 years |  |  | M | 16 years |  |  |  |  |  |
| 6 | 200m Fly | M | 12-13 years | 16 | 200m Back | M | 12-13 years | 26 | 100m Free |  | 12-13 years <br> 14 years |  | 100m Fly | M | 17-18 years |  |  |  |  |  |
|  |  | M | 14 years |  |  | M | 14 years |  |  | M |  | 36 |  |  | 12-13 years |  | 100m Fly | M $12-13$ years <br> $M$ 14 years <br> $M$ 15 years <br> $M$ 16 years <br> $M$ $17-18$ years |  |
|  |  | M | 15 years |  |  | M | 15 years |  |  | M | 15 years |  |  |  | 14 years |  |  |  |  |  |
|  |  | M | 16 years |  |  | M | 16 years |  |  | M | 16 years |  |  |  | 15 years |  |  |  |  |  |
|  |  | M | 17-18 years |  |  | M | 17-18 years |  |  | M | 17-18 years |  |  |  | 16 years |  |  |  |  |  |
|  | 4x50m Free C Relay | M | 15 \& Under | 17 | 4x50m Free R Relay | W | 15 \& Under | 27 | 4x50m Med C Relay | W | 15 \& Under |  |  | w | 17-18 years |  |  |  |  |  |
|  | $4 \times 50 \mathrm{~m}$ Free C Relay | w | 15 \& Under | 18 | $4 \times 50 \mathrm{~m}$ Free R Relay | M | 15 \& Under | 28 | $4 \times 50 \mathrm{~m}$ Med C Relay | M | 15 \& Under | $\begin{array}{r}38 \\ 39 \\ 40 \\ 41 \\ \hline\end{array}$ | $\begin{aligned} & 4 \times 50 \mathrm{~m} \text { Med R Relay } \\ & 4 \times 50 \mathrm{~m} \text { Med R Relay } \\ & 4 \times 50 \mathrm{~m} \text { Med R Relay } \\ & 4 \times 50 \mathrm{~m} \text { Med R Relay } \\ & \hline \end{aligned}$ | M | 15 \& Under | $\begin{aligned} & \text { C Relay }=\text { Club Relay } \\ & \text { R Relay }=\text { Regional Relay } \end{aligned}$ |  |  |  |
|  | $4 \times 50 \mathrm{~m}$ Free C Relay | M | 16 \& Over | 19 | $4 \times 50 \mathrm{~m}$ Free R Relay | W | 16 \& Over | 29 | $4 \times 50 \mathrm{~m}$ Med C Relay | W | 16 \& Over |  |  | W | 15 \& Under |  |  |  |  |  |  |  |  |
|  | 4x50m Free C Relay | W | 16 \& Over | 20 | $4 \times 50 \mathrm{~m}$ Free R Relay | M | 16 \& Over | 30 | $4 \times 50 \mathrm{~m}$ Med C Relay | M | 16 \& Over |  |  | M | 16 \& Over 16 \& Over |  |  |  |  |  |  |  |  |

