



**Karori Pirates**  
Swimming Club

# TIMETABLE

SQUAD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stingrays				7:00 – 8:00am		
	3:30 – 4:30pm		3:30 – 4:30pm			
Electric Eels		7:00 – 8:00am				
			4:30 – 5:30pm		3:30 – 4:30pm	
Seahawks	6:00 – 7:30am	6:00 – 7:30am	6:00 – 7:30am		6:00 – 7:30am	6:30 – 8:00am
	4:30 – 5:30pm		5:30 – 6:30pm		4:30 – 6:00pm	
Hammer Heads	6:00 – 7:30am		6:00 – 7:30am		6:00 – 7:30am	6:00 – 8:00am
	5:30 – 7:30pm	5:00 – 6:30pm		4:30 – 6:30pm	6:00 – 7:30pm	
Tiger Sharks	5:40 – 7:30am		5:40 – 7:30am	5:40 – 7:30am	5:40 – 7:30am	5:40 – 8:00am
	5:30 – 7:30pm	4:30 – 6:30pm		4:30 – 6:30pm	6:00 – 7:30pm	
<b>RECOMMENDED SESSIONS BY AGE</b>						
9 & Under	10 years	11 years	12 years	13 years	14 years	15+ years
2 – 3	3	4	5	6	7	8