

Hammerhead's and Tigershark's Christmas training hours

Normal timetable up to and including Thursday 23rd December

December

24th Sea swim. Meet Freyberg beach 7.30am 25th off 26th off 27th off 28th off 29th 7-9am 30th 7-9am 5.30-7.30pm 5.30-7.30pm 31st 7-9am

January

1st off 2nd off

10.00am-midday 4-6pm 3rd 4th 10.00am-midday 4-6pm 7-9am 5.30-7.30pm 5th 6th off

7th 7-9am 5.30-7.30pm

8th 7-9am 9th off

10th 7-9am 5.30-7.30pm 11th 7-9am 5.30-7.30pm

12th 7-9am

13-19th Marton Swim Camp

20th off 21st Wellington Champs 22nd Wellington Champs 23rd Wellington Champs 24th Wellington Champs 25th off 26th 7-9am

5.30-7.30pm 27th 7-9am 5.30-7.30pm 28th 7-9am 5.30-7.30pm

29th 7-9am 30th off

From Monday 31st back into normal Pirates timetable